



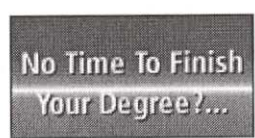


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 NEWS HEADLINES

The Fight Against MS

41-year-old Pat Lynch has battled Multiple Sclerosis for the last 14 years. With burning blistered hands, he's going after the disease head on set any land speed records with my bike, but as long as we're in a forward motion I'm gonna get there," says Lynch.

Lynch has lost the use of his legs, so he went with what worked: a propelled bike. "I'm fortunate that my upper body is still strong enough to complete this task." Lynch and 200 other bike riders hit the pavement weekend. From Sioux Falls to Vermillion and back...150 miles in all did every inch with his hands. Even through the pain, Pat strived for Team Forward Motion.

"Fo Mo for short, cause as long as you're in a forward motion you'll be where you're going." And Pat rides to raise awareness of the disease that has affected him and so many others, and says he'll keep on moving until the end. "Til I'm riding on the rims...then I'll get new tires. I'll keep this until they find a cure, and then I'll be on a two wheel which is was 15 years ago," says Lynch.

In the past year, Pat says he's traveled over two-thousand miles on his bike...and he isn't stopping. He'll ride in another 150 mile tour next year in North Dakota.

By Chris Studer